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| **Class:** **Assessment date:**  | **OVERALL CHECK: Does it look right?** | **1. Changes direction by bending knee and pushing off the outside foot** | **2. Change of direction occurs in one step** | **3. Body lowered during change of direction or in the direction of travel** | **4. Eyes focused forward** | **5. Dodge repeated equally well on both sides** |
| **Assessment key:**✓ AchievedND Not demonstrating |
| **Student name** |
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[Get Skilled: Get Active](https://schoolsequella.det.nsw.edu.au/items/3847e308-dbe1-4ece-b751-d042287293e6/1/) K-6 resource to support the teaching of fundamental movement skills, [PDHPE Curriculum Resources](https://education.nsw.gov.au/teaching-and-learning/curriculum/pdhpe/physical-literacy/resources) (© State of New South Wales, Department of Education, 2016); [CC-BY 4.0](http://creativecommons.org/licenses/by/4.0/)