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| **Class:** **Assessment date:**  | **OVERALL CHECK: Does it look right?** | **1. Eyes are focused on the ball throughout the kick** | **2. Step forward with non-kicking foot placed near the ball** | **3. Bend knee of kicking leg during the backswing for the kick** | **4. Hip extension and knee flexion of at least 90° during preliminary kicking movement** | **5. Contact the ball with the top of the foot** | **6. Forward and sideward swing of arm opposite kicking leg** | **7. Kicking leg follows through towards the target after ball contact** |
| **Assessment key:**✓ AchievedND Not demonstrating |
| **Student name** |
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[Fundamental Motor Skills A manual for classroom teachers](https://fuse.education.vic.gov.au/Resource/LandingPage?ObjectId=6f9265d9-afef-4a9a-9228-05a039225985&SearchScope=Primary) State of Victoria (Department of Education and Training [CC BY 4.0](https://www2.education.vic.gov.au/pal/intellectual-property-and-copyright/policy)