## Health and Physical Education and Personal and Social Capability, including Respectful Relationships – Respectful Relationships in the Victorian Curriculum

Hello. I'm Heather Kearle, a VCAA specialist teacher in the area of Health & PE, Personal & Social Capability and Respectful Relationships.

Welcome to the online module Respectful Relationships in the Victorian Curriculum.

In this module, we will consider how the whole school can be involved in implementing Respectful Relationships and consider steps that could be taken to maximise the impact of the program.

**Slide 1 – Introduction**

**Slide 2 – Respectful Relationships**

Respectful Relationships is an approach to change attitudes in the prevention of all types of violence, in particular gender-based violence.

**Slide 3 – Why teach respectful relationships? (1)**

Evidence from the Royal Commission into Family Violence demonstrated that maintaining gender stereotypes and specific gender roles was a key contributor to family violence. Teaching the skills and understandings of Respectful Relationships to young people before they enter into intimate relationships may act as a preventative tool to reduce violence.

**Slide 4 – Why teach respectful relationships? (2)**

Primary prevention through education and support has been an effective process. Exposing all young people to knowledge and skills such as understanding emotions, problem solving and stress management in a sequential fashion will aid young people as they form intimate relationships.

**Slide 5 – Whole school approach**

The Respectful Relationships program requires a whole-school approach. To increase its effectiveness, all staff must reflect the values and understandings of the program, irrespective of whether they are specifically engaged in teaching content from the material.

The whole-school approach focuses on – school leadership and commitment, a professional learning strategy, teaching and learning, community partnerships, support for staff and students, and the school culture and environment.

**Slide 6 – Curriculum planning (1)**

Schools have the flexibility to design the teaching and learning programs that are appropriate to their community.

Consequently, Respectful Relationships can be incorporated into the curriculum areas that suit each particular school.

**Slide 7 – Curriculum planning (2)**

Respectful Relationships is flexible enough to be taught in a range of subject areas, fitting in with the current 7–10 Victorian Curriculum. However, schools and teachers must align the materials carefully to ensure the Victorian Curriculum is taught.

**Slide 8 – How will Respectful Relationships fit?**

By completing a curriculum audit, schools can discover exactly what is being taught and where.

Programs similar to Respectful Relationships may already be working in the school, so the Respectful Relationship material can be used to add variety, to bolster missing pieces.

Schools will also discover where there are missing curriculum areas or where curriculum is being taught in multiple areas.

The VCAA have [mapped](https://www.vcaa.vic.edu.au/curriculum/foundation-10/crosscurriculumresources/respectful-relationships/help-me-plan/Pages/default.aspx) the content of the RRRR resource against the Health & PE and Personal & Social Capability curriculum to identify the content descriptors and achievement standards addressed when using this resource.

Audit templates can be found on the VCAA website.

**Slide 9 – Where can Respectful Relationships be taught?**

Respectful Relationships can be taught across subject areas.

It is important that each area has a specific component of Respectful Relationships so that teaching and assessment is completed and there are no double-ups.

**Slide 10 – Curriculum connections**

Health & PE as well as Personal & Social Capability both have content descriptions that relate to Respectful Relationship material, as they both explore human relationships. Respectful Relationships fits well into both Health & PE and Personal & Social Capability.

**Slide 11 – Curriculum areas**

Where else could Respectful Relationships material be taught?

Ideas can be found in the [Frequently Asked Questions](https://www.vcaa.vic.edu.au/curriculum/foundation-10/crosscurriculumresources/respectful-relationships/Pages/Frequently-asked-questions.aspx) section of the Respectful Relationships area on the VCAA website.

**Slide 12 – To summarise**

To recap – a whole-school approach is necessary to maximise the effect of Respectful Relationships.

Move content away from Health & PE and Personal & Social Capability by being creative and with careful consideration of the curriculum processes within your school.

Thank you for watching this module on including Respectful Relationships in the school curriculum.

Please visit the VCAA website to access more modules that will support you to implement the Health & PE curriculum and Personal & Social Capability.